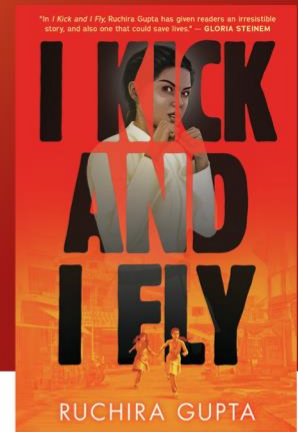


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Parents discussion guide



Create a safe and open environment: It's essential to create a safe and non-judgmental environment for your child to discuss the sensitive topics raised in the book. Encourage them to ask questions and express their thoughts and feelings.

Remember that discussing difficult topics like trafficking can be emotionally challenging. Be patient, open, and supportive throughout the conversation.

1. Start with a brief summary: Before diving into the discussion, provide a brief summary of the book, its themes, and the characters.
2. Discuss the issue of child trafficking: Talk about what child trafficking is and why it's such a serious issue. Discuss the different forms of child trafficking, including labor and sex trafficking.
3. Explain the importance of education: Highlight the significance of education, especially for girls, and how it can empower them to fight against trafficking.
4. Address gender stereotypes: Discuss gender stereotypes and how they contribute to trafficking. Encourage your child to challenge gender roles and stereotypes.
5. Talk about the characters: Discuss the characters and their experiences in the book. Ask your child how they related to the characters and what they learned from their stories.
6. Highlight positive actions: Discuss the positive actions taken by the characters in the book and how they can inspire change in the real world.
7. Discuss what can be done: Brainstorm with your child about what they can do to combat trafficking, such as supporting anti-trafficking organizations or volunteering in their community.
8. Reassure them: Lastly, reassure your child that they can come to you with any questions or concerns they may have, and that you are always there to support them.

Some positive actions taken by characters in "I Kick and I Fly" that you can highlight

1. Heera's determination to continue her education and pursue her dreams, despite facing numerous obstacles.
2. Meera Di's efforts to educate and empower the girls in the village, and her willingness to take a stand against trafficking and exploitation, in spite of being beaten..
3. Mai's determination to support her daughter Heera's education and dreams, despite facing criticism and opposition from her community.

4. Rini Di's decision to leave her comfortable life and job to start a school for girls in the village, and her efforts to help Heera and other girls escape the cycle of poverty and exploitation.
5. Salman's decision to stop going to school and instead become a shop assistant, so that Heera can stay in school and his mother can repay her loan.
6. Manoj's realization of the harm he was causing by turning a blind eye to his father's activities against his sister.

These actions demonstrate that even individuals who may have made mistakes or have been part of the problem can take positive steps to help combat trafficking and make a difference in the lives of those affected. Young adults can be encouraged to evaluate their decisions and consider ways they might help in addressing trafficking issues.
